

## 6 Safe Sentence Starters

Download this worksheet at [prescriptionswithoutpills.com](http://prescriptionswithoutpills.com).

### Starter #1

I feel/felt... *[ a one-word feeling ]* when/that... *[ what it's about ]* .

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### Starter #2

My concern is/was... .

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### Starter #3

I would like to... .

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### Starter #4

How/what do you... ?

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### Starter #5

Yes. I agree [ *I love | appreciate | can see | would like to | etc.* ] that you... .

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### Starter #6

And, or and at the same time, [ *I love | appreciate | can see | would like to | etc.* ] .

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